



JULIE MORGENSTERN
ENTERPRISES

Julie Morgenstern

Julie Morgenstern is an internationally renowned organizing and time management expert, *New York Times* best-selling author, consultant and speaker. Her work spans the distance between individuals and work forces - homes and corporations. The “Inside Out” philosophy that is now synonymous with her name results in customized solutions that are innovative, practical and ensure long-term success. For over 25 years, Julie and her staff have transformed the way individuals and companies function around the globe, including American Express, Hearst, HARPO, Deloitte, Microsoft, FedEx, GlaxoSmithKline, the NBC-Newsroom, the NYC Mayor’s Office, Sony Music, State Farm Insurance and Viacom/MTV.

Julie is known for her passionate, articulate style and warm sense of humor. She has written columns for *O Magazine*, *Redbook*, and *Wells Fargo* helping readers’ solve problems by inspiring order in their lives. She has shared her expertise on countless TV and radio outlets, including **The Oprah Winfrey Show**, **CNN**, **The Rachael Ray Show**, **The Today Show**, **Good Morning America**, and **The National Public Radio**. She is quoted and featured regularly in a wide variety of publications and has been seen in **The New York Times**, **Time Magazine**, **Harvard Business Review**, **Forbes**, **USA Today**, **Business Week**, **The Wall Street Journal**, **Best Life**, **O Magazine**, **Martha Stewart Living**, **Glamour**, **Cosmopolitan**, **Fitness Magazine** and **Men's Health**.

Julie is the author of the classic tomes *ORGANIZING FROM THE INSIDE OUT* and *TIME MANAGEMENT FROM THE INSIDE OUT*, both of which have been developed into popular specials for PBS. Julie and her teenage daughter, Jessi Morgenstern-Colon, co-authored *ORGANIZING FROM THE INSIDE OUT FOR TEENS*. Her workplace productivity and work-life balance tome, *NEVER CHECK EMAIL IN THE MORNING*, is now the basis of a popular training program conducted for the Fortune 500 and businesses worldwide. Julie's book, *SHED YOUR STUFF, CHANGE YOUR LIFE*, takes her message to a new level, showing people how to use the process of decluttering to 'get unstuck' in their lives. Her forthcoming book, *TIME TO PARENT* provides a revolutionary framework for helping parents create the space for quality time with their children and for themselves. The book is based on Julie’s 26 years of field experience coaching parents around the world, and extensive research in the field of child development.

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