

## **WORK WITH A DC AREA PROFESSIONAL ORGANIZER**

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A professional organizer can bring order to your living or work space so you can free yourself from the frustrations of clutter and disarray and find time for the things you enjoy.

The first step in that process is finding the right organizer for you.

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### **First, ask yourself some questions**

To make the best possible match with a professional organizer, you'll want to start by ask yourself some questions. You may not know all the answers yet, but just thinking about these points will still be helpful:

- If organizing is a means to an end, what is the end you want to reach?
- What are the biggest obstacles standing in the way of your goals?
- Is the disorganization chronic (you try, but standard systems don't work for you)?
- Is the lack of order unusual for you, or due to a life-changing event?

- Is most of the problem due to things that are two-dimensional (papers, magazines and books), or is it three-dimensional things (clothes, toys, videos, kitchen gear, etc.)?
- Do you need overall space planning and a storage layout/structure plan first?
- Do you need hands-on help working through every step of the process?
- Do you need ongoing telephone coaching for time management?
- Do you have ADHD or CD (chronic disorganization)?

**Then, use our search to find an organizer whose specialties match your needs**

Some organizers are generalists; others specialize. Our local Washington DC Metro Chapter includes experts in many specialties, including paper management, kitchens, closets, and even different conditions and learning styles. Your answers to the questions above should help you prioritize which specialties will be most important to you in an organizer.