Resources/Assistance for the Citizen

* Several self-diagnostic quizzes online
* 12 step programs online and in person Clutterless, Clutterer’s Anonymous, Messies Anonymous, etc.
* Buried in Treasures workshop
* Professional organizer – could be in personal or virtual
* Collaborative Therapy – usually involving a psychiatrist and an organizer. May include several others on the team.
* County Mental Health services
* Social workers and other therapists
* Private Junk Haulers

For those with low income you may want to consider:

* Church groups – free labor, possibly counseling
* Rotary
* Neighbors/Friends may donate trash runs by pickup
* Football and other teams might run trash from house to trucks going to dump
* Grants
* Thrift stores that are willing to pick up donations for free
* Homelessness Advocacy groups may have volunteers to help people avoid eviction that might help
* Dumpster/Trash companies – may donate a dumpster or two as community service
* Loaner trucks from your sanitation dept. A local city near us will drop an empty dump truck at a citizens home at the end of the day and will pick it up the next morning. They charge $85 and the homeowner can fill as much as possible for that amt. Usual rates for a private industry truck is approx. $700.